

План - конспект
уроку англійської мови за темою
“Їжа”.

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План - конспект уроку англійської мови за темою “Їжа”.

- Практична мета: навчити учнів вживати лексику за темою та говорити про свої смакові вподобання.
- Освітня мета: сприяти розширенню лінгвістичного кругозору учнів.
- Розвиваюча мета: розвивати навички розуміння на слух та навички монологічного та діалогічного мовлення.
- Виховна мета: розвивати в учнів мотивацію до вивчення англійської мови, дбайливе ставлення до свого здоров'я.
- Обладнання: підручник, проектор, роздатковий матеріал.

Хід уроку.

- **1.Warming up. Guess the riddles.**
- 1.It's a vegetable. It's round and yellow. It makes you cry when you try. (Onion).
- 2.It's white. You like to drink it. We get it from cows. (Milk).
- 3.It's not a vegetable, not a fruit. It's cold and sweet. We get it from milk. (Ice-cream).
- 4.It's oval and green. It's a vegetable. (Cucumber).
- 5.It's a vegetable. It's red. (Tomato).

- **2.Listening.**
- Listen and repeat the words and match them with the pictures (1-14).
- **3.Copy and complete the table with the words in exercise 1 p.28.**

Protein	Dairy products	Carbohydrates	Fruit and vegetables

4.Listen to Max and Sally and answer the questions.

- 1. What is Sally's favourite food?
- 2. What is Max's favourite food?

5.Reading. Exercise 1 p29

- Read the texts A-D and answer the questions.
- 1.Do carrots help our night vision?
- 2.Is pizza bad for you?
- 3.Do chips give you acne?
- 4.What is better fruit juice or fruit?

6. Match 1-5 with a-e to make sentences.

- 1.Carrots
fibre
 - 2.Oil in food
 - 3.Chips
night vision
 - 4.Home-made pizza
 - 5.Fruit juice
acne
- a. doesn't contain
 - b. has got fibre
 - c. don't help our
 - d. contain fat
 - e. doesn't cause

6. Work in pairs.

- Ask and answer questions:
- 1.What's your favourite food?
- 2. What do you usually eat in the morning?
- 3.What do you eat on Sundays?

8 Singing a song.

9. Homework.

- Your homework is WB p.20

3

Healthy lifestyle

Objectives

Vocabulary	Food; free-time activities
Grammar	Present simple; love, like, don't like, hate + -ing subject and object pronouns;
Speaking	Ordering food
Writing	A blog entry; and, but

Vocabulary

Food

- 1 Listen and repeat the words. Match them with pictures 1–14.

apple • bread • cake • carrots • cheese • fish • ice cream • meat • milk • nuts • pasta • potatoes • strawberries • yoghurt



- 2 Copy and complete the table with words in exercise 1.

Protein	Dairy	Carbohydrates	Fruit and vegetables
nuts	yoghurt		

- 3 Listen to Max and Sally and answer the questions.

- What is Sally's favourite food?
- What is Max's favourite food?

- 4 In pairs, ask and answer questions about your favourite food.

What's your favourite food?

It's pasta.

1



3



4



5



6



7







10







13





Reading

Health poster

Word Check

home-made fat oil juice



Food myths – Are they true?

A DO CARROTS HELP OUR NIGHT VISION?

Carrots contain beta-carotene. Our body converts beta-carotene into vitamin A. This vitamin is good for our eyes but it doesn't help our night vision.



B IS PIZZA BAD FOR YOU?

Teenagers love eating pizza especially when they meet their friends. Home-made pizza is healthy. It has got fibre, vitamins, minerals and proteins. Perfect!



C DO CHIPS GIVE YOU ACNE?

Chips contain fat and they are not very healthy but they don't give you acne. Oil in our skin causes acne but fat or oil in food doesn't.



D FRUIT JUICE OR FRUIT?

People love drinking fruit juice in the morning, but is it healthy? Juice has got all the sugar of fruit but it doesn't contain the fibre. Drink juice and eat fruit for breakfast.



1 Read and listen. Answer questions A–D. Copy the sentences with the information.

2 Read the text again and check your answers.

3 Match 1–5 with a–e to make sentences. Write them in your notebook.

Carrots don't help our night vision.

- | | |
|-------------------|---------------------------------|
| 1 Carrots | a) doesn't contain fibre. |
| 2 Oil in food | b) has got fibre. |
| 3 Chips | c) don't help our night vision. |
| 4 Home-made pizza | d) contain fat. |
| 5 Fruit juice | e) doesn't cause acne. |

4 Answer the questions in your notebook.

- | | |
|-------------------------------------|--|
| 1 Do carrots contain beta-carotene? | 2 Does pizza include protein, minerals and vitamins? |
| 3 Does oil in our skin cause acne? | 4 Does fruit juice contain fibre? |

i All Clear Facts

Carrots can be different colours – yellow, white, orange and purple.

Food and drink



Song

